



Extracurricular Activities Academic Year 25-26

Dear families:

We are pleased to announce the range of extracurricular activities we have planned for the 2025/2026 academic year.

All will have a duration period from October to May, both months included.

We trust that they will address the interests and concerns of our students and their families.

How do I register for the 2025/2026 Extracurricular Activities?

Registration will be open between September 25th and 29th in the "Extracurricular Activities" section of the New Virtual Campus.

- Access is individual, not per family.
- If you have more than one child, you will need to switch between the student profiles you have associated.
- [Click here](#) for detailed instructions on registering for extracurricular activities.

How do I access the new Virtual Campus?

- Access: [Click here](#) to access the New Virtual Campus.
- Instructions: [Click here](#) to see how to access the New Virtual Campus.

You can direct your questions to actividades@sfpaula.com

The extracurricular Arabic language classes aim to foster the development of oral and written expression and comprehension at beginner levels. To achieve this, topics relevant to students' daily lives (family, school, home, hobbies, and travel, among others) will be covered using a communicative approach and dynamic, motivating teaching strategies.

Primary School Workshop: Introduction to Arabic (Y3-Y5).

Secondary School Workshop: Standard Arabic Language Practice (Y6-Y9).

***Mixing of language levels in the same group is not allowed.**

Activity details

- **Schedule:** 1 hour per week during the midday slot (1-3 pm)
- **Start:** mid-October.
- **Minimum:** 5 students
 - **Maximum:** 15 students
- **Materials:** Textbook chosen by the teacher.

Student groups

PEP: Y3, Y4 Y5

- **Registration fee:** €260 per year. Payment in two installments of €130 in November and February.
- **Lesson:** 2-302

PAI: Y6, Y7, Y9

- **Time:**
- **Registration fee:** €270 per year. Payment in two installments of €135 in November and February.

Secondary: HSK level 2 - level I (initial).

Objective: first year of preparation for the official HSK 2 exam.

***Only students with the appropriate language level (HSK 1 level acquired) or who have the appropriate level according to the Teacher will be admitted.**

Secondary: HSK level 2 - level II (advanced).

Objective: second year of preparation for the official HSK 2 exam.

***Only students who have completed the first year of HSK 2 or have the appropriate level according to the teacher will be admitted.**

Secondary: HSK level 3 - level I (initial).

Objective: first year of preparation for the official HSK 3 exam.

***Only students with the appropriate language level (HSK 2 level acquired) or who have the appropriate level according to the Teacher will be admitted.**

***Mixing of language levels in the same group is not allowed.**

Activity details

- **Schedule: Midday slot (1-3 pm). Classes begin in mid-October.**
- **Minimum: 5 students**
 - **Maximum: 15 students.**
 - **Material: Standard Course HSK 2 ó 3.**

Student groups

HSK 2 (I) Initial Level: Y6 - Y7

Duration: 1 hour/week.

- **Registration fee: €270 per year. Payment in two installments of €135 in November and February.**

HSK 2 (II) Advanced level: Y7 and Y8.

Duration: 1.5 hours/week.

- **Registration fee: €360 per year. Payment in two installments of €180 in November and February.**

HSK 3 (III) Initial level: Y8-Y12.

Duration: 2 hours/week (in two one-hour sessions).

- **Registration fee: €480 per year. Payment in two installments of €240 in November and February.**

Science Club

Welcome to the amazing world of the laboratory! In this extracurricular activity, participants will have the opportunity to become real scientists and explore the fascinating world of science through fun, hands-on experiments.

Goals:

- **To encourage curiosity and interest in science.**
- **Develop and consolidate the scientific method.**
- **Develop practical and observation skills.**
- **Promote teamwork and collaboration.**

Activity details

- For students from Y1 to Y5
- **Schedule: Tuesday 5:10 PM - 6:40 PM.**
- **Science laboratory (physics).**
- **Registration fee: €320 per year. Payment in two installments of €160 in November and February.**
- **Minimum: 6 students**
 - **Maximum: 15 students**
 - **Materials: Students must bring their lab coats. Safety glasses and other materials will be provided by the school.**

Club de Speedcubing

Speedcubing is the practice of solving the Rubik's Cube and its variations in the shortest possible time. Speedcubing is a sport that develops skills such as short-term memory, psychomotor skills, logic, and mental agility, among others.

Goals:

Learn to solve the Rubik's Cube from scratch.

Learn more advanced methods to improve resolution times.

Know the official competition rules of the World Cube Association (WCA).

Promote the development of the practice of Speedcubing.

Participate in an Inter-School Championship organized by the Spanish Speedcubing Association.

Contents:

Teach how to solve the Rubik's Cube and other three-dimensional puzzles through the skillful manipulation of their pieces.

Demonstrate more advanced methods to find the fastest solution.

To offer an environment where cubers can compete and improve their skills in a friendly way and provide the opportunity to measure themselves against other cubers, set personal records and celebrate club achievements.

By sharing experiences, knowledge, and techniques, cubers can learn and grow together, building lasting friendships and bonds in the process.

- **Benefits:**

Positive effect on cognitive functions.

Improves problem-solving skills, spatial awareness, and logical thinking.

As you practice, you gain a better understanding of algorithms and patterns, which can translate into improved mathematical and analytical skills.

It can improve memory, as it is necessary to remember sequences and strategies to solve the puzzle effectively.

It promotes personal development by fostering perseverance, patience, and problem-solving.

Activity details

- **Schedule:** 1 hour/week, starting at 5:30 p.m.
- **Location:** Edtech
- **Alumnos:** Y3-Y6 y Y7-Y10.
- **Registration fee:** €250 per year. Payment in two installments of €125 in November and February.
- **Minimum:** 4 students
- **Maximum:** 10 students

Student groups

The schedule will be from 5:30 p.m. to 6:30 p.m.

Cognitive Enrichment through Chess

Chess is a valuable educational tool that fosters the holistic development of individuals. Its practice stimulates neural activity, strengthens cognitive skills, and encourages creativity, patience, and discipline. Furthermore, chess becomes a cross-curricular resource in the classroom, as it allows us to work on mathematical concepts—such as logic, problem-solving, and spatial reasoning—as well as aspects related to language and literature, promoting reading comprehension, vocabulary expansion, and expressive abilities.

What are its benefits and capabilities?

- **Improves concentration**
- **Develops memory**
- **It fosters critical thinking and problem-solving**
- **Boost creativity**
- **Improves math skills**
- **It promotes patience and discipline**
- **Develops social and civic skills**
- **It increases self-esteem and confidence.**
- **It encourages planning and foresight.**
- **It teaches decision-making**
- **It strengthens resilience and frustration management.**

All offered groups are taught in two weekly sessions of 45 minutes, making a total of 1.5 hours.

Minimum: 8 students.

- **Maximum: 10 students.**

Student groups

Pre-initiation (K)

Schedule: Mondays and Wednesdays, from 13:20 to 14:05h.

- **Registration: €290 per year*.**

Initiation (Y1)

Schedule: Mondays and Thursdays from 2:10 PM to 2:55 PM.

- **Registration: €290 per year*.**

Intermediate (Y2)

• **Schedule: Mondays and Thursdays from 2:10 PM to 2:55 PM.**
Registration: €290 per year*.

Intermediate (Y3)

Schedule: Tuesdays from 2:10 PM to 2:55 PM and Thursdays from 1:20 PM to 2:05 PM.

Registration: €290 per year*.

Advanced (Y4) Schedule: Wednesdays and Fridays from 2:10 PM to 2:55 PM.

Registration: €290 per year*.

Advanced (Y5) Schedule: Wednesdays and Fridays from 2:10 PM to 2:55 PM.

Registration: €290 per year*.

- **PAI (Years 6-10)**
- **Schedule: Tuesdays and Fridays from 13:20 to 14:05h.**
- **Registration fee: €300 per year. Payment in two installments of €150 in November and February.**

*Payment in two monthly installments of €145 in November and February).

Explorers of Scientific Knowledge

Every child possesses an innate curiosity, a need to ask questions, to imagine, and to discover. Science, understood not as a collection of facts but as a human adventure, offers the best environment to nurture that curiosity.

Our proposal was born with that spirit: to open a weekly door to the exploration of the universe, the Earth and the history of those who dedicated their lives to seeking answers.

Activity details

- **Schedule:** 1 hour/week.
- **Ages** Y1 to Y9.
- **Registration fee:** €600 per year. Payment in two installments of €300 in November and February.
- **Minimum:** 8 students.

Midday groups

Monday:

13:45 -14:45h.

Y1 a Y9.

Tuesday:

13:45 -14:45h,

Y1 a Y9.

The choice of group will be made by the families according to the most convenient schedule for the student.

*Payment in two monthly installments of €145 in November and February).

FIRST LEGO League

DISCOVER - EXPLORE - CHALLENGE

FIRST LEGO League is an international program that takes place in more than 110 countries for students between the ages of 4 and 16, inviting them to participate in a STEAM project and competition.

Students face age-appropriate challenges (Discover, Explore and Challenge) to solve real-world problems, combining science, technology, engineering, art and mathematics.

We will focus particularly on robot programming, guiding students to work as a team to develop technical and social skills.

We build models with LEGO bricks to explore science and the world around us. It's part of the largest STEAM program, where we overcome different challenges to solve real-world problems through programming, robotics, and LEGO construction.

Activity details

- Edtech Classroom
- Minimum: 6 students
- Maximum: 12 students maximum

Groups

DISCOVER (Y1-Y2)

- Group I: Wednesdays 5:15-6:45 p.m. One day a week during school hours.
- Group II: Mondays and Wednesdays 13:15 to 14:00h. Two days a week during school hours.

EXPLORE (Y3-Y5)

- Group I: Tuesdays 5:15-6:45 p.m. One day a week during school hours.
- Group II: Wednesdays and Fridays from 2:15 p.m. to 3:00 p.m. Two days a week during school hours.

CHALLENGE (Y6-Y10)

- Group I: Mondays 5:15-6:45 p.m. One day a week during school hours.
- Group II: Tuesdays and Thursdays 13:15 to 14:00h. Two days a week during school hours

Registration: €380 per year.

Payment in two installments of €190 in November and February.

French

Objective: to prepare and train students in the specific skills and content needed to pass the official DELF exam.

Secondary:

DELF Level B1 (Level I): Students from Year 8 onwards.

First year of preparation for the official DELF B1 exam.

- Only students with an A2 level or the appropriate level as determined by the teacher will be admitted. This course is suitable for students in Year 8 and above. Mixed language levels will not be accepted.

DELF Level B1 (Level II): Students from Y9 onwards.

Second year of preparation for the official DELF B1 exam.

- Only students who have completed the first year of preparation in the 24-25 course or students whose level is deemed appropriate by the teacher will be admitted. This course is suitable for students in Y9 and above. Mixed language levels will not be accepted.

***Mixing of language levels in the same group is not allowed.**

***Only students with the appropriate language level, as determined by the teacher, will be admitted.**

Activity details

- **Schedule:** Midday slot (1-3 pm). Classes begin in mid-October.
- **Minimum:** 5 students
 - **Maximum:** 15 students.
- **Materials:** Textbook chosen by the teacher.

Student groups

DELF B1 (Level I): Students from Year 8 onwards.

Schedule: 2 hours/week.

- **Registration fee:** €450 per year. Payment in two installments of €225 in November and February.

DELF B1 (level II): students from Y9 onwards.

Schedule: 2 hours/week.

- **Registration fee:** €450 per year. Payment in two installments of €225 in November and February.

Gamers CIS-SFP

The club's objective is to create a safe and inclusive space for students interested in exploring the world of video games in a broad sense. Using games such as Fortnite Creative, Roblox Studio, and Minecraft Education Edition, positive and healthy habits will be fostered, along with the development of technical, social, and emotional skills.

Activity details

- **From Y6 to Y10**
- **Schedule: 1.5 hours/week. Fridays from 5:30 p.m. to 7:00 p.m.**
- **Duration: From October to May.**
- EdTech classroom.
- **Registration fee: €380 per year. Payment in two installments of €190 in November and February.**
- **Minimum: 6 students**
 - **Maximum: 12 students**

English

Preparation for official Cambridge exams

B2 First Certificate in English

With the B2 First qualification, you demonstrate to the world that you possess the necessary language skills to live and work independently in an English-speaking country, as well as to study courses taught in English.

- C1 CAE Advanced

Everyone accepts C1 Advanced as proof of high performance in learning English.

Preparing for the C1 Advanced exam helps you gain the language skills you need to thrive in your studies, work, and life in English-speaking countries. [Learn more here.](#)

- C2 CPE Proficiency

The C2 Proficiency qualification demonstrates to the world that you have mastered English at an exceptional level. It proves that you can communicate with the fluency and complexity of a highly proficient English speaker.

Preparing for and passing the exam means that you possess the level of English necessary to study or work in a very high-ranking professional or academic environment, for example, in postgraduate or doctoral programs.

[More information here.](#)

Activity details

- Minimum: 8 students
 - Maximum: 15 students

Student groups

B2 First Certificate in English: Y8-Y12.

1.5 hours/week.

- Schedule: Thursdays from 13:00 to 14:30.
- Registration fee: €260 per year. One-time payment in November.

C1 CAE: Y8-Y12.

1.5 hours/week.

- Schedule: Tuesdays from 5:10 p.m. to 6:40 p.m.
- Registration fee: €260 per year. One-time payment in November.

C2 CPE: Y8-Y12

- 1.5 hours/week.

- Schedule: Thursdays from 5:10 p.m. to 6:40 p.m.
- Registration fee: €290 per year. One-time payment in November.

Judo

Judo is a psychophysical discipline that takes the form of a sport. Its purpose is the development of the student's physical and mental qualities.

It is an Olympic sport, its effectiveness as a complete educational method is internationally recognized, and it has been recognized by UNESCO and the IOC as a sport especially recommended for early childhood education.

By subjecting the student to the diligent learning of a discipline and strict control, in which attention is paid to their behavioral patterns, they achieve an increase in self-confidence and find positive help for their integration into the group, as well as an adequate means of self-defense.

It develops qualities in young people such as: muscle coordination, balance, self-confidence, strength, etc.

If your child has a tendency towards aggression or is a little shy, JUDO may be a solution.

Our experience of more than 50 years shows us that this sport provides many benefits as a complementary training method, giving you knowledge that can be useful to you in case of need.

Activity details

- **Schedule: 2 hours per week**
- **Registration:**
- **€77 for membership in the Andalusian Judo Federation**
- **€52 per month**
- **Classroom: tatami.**
- **Options to choose from:**
- **2 hours/week within school hours.**
- **1 hour/week located in the afternoon (to be agreed with the Teacher) + 1 hour/week within the Physical Education class schedule.**

To register, please contact the Administration in person or via email at administracion@sfpaula.com

Student groups

- **PS, PK y K**
- **Mondays and Wednesdays from 5:30 p.m. to 6:30 p.m.**
- **Y1-Y2:**
- **Friday from 2:15 PM - 3:00 PM.**
 - A session in Physical Education class.
- **Y3-Y4:**
- **Monday from 13:30 - 14:15 h.**
 - A session in Physical Education class.
 - **Y5-Y6:**
 - **Mondays from 2:15 PM - 3:00 PM and Wednesdays from 1:30 PM - 2:15 PM.**
- **Y7-Y8:**
- **Fridays from 13:30 - 14:15h and Wednesdays from 14:15 - 15:00h.**
 - **Y9, Y18, and Y10:**
- **Tuesdays and Thursdays from 7:30 p.m. to 8:30 p.m.**
 - **Y12:**
- **Mondays, Wednesdays and Fridays from 8:30 to 9:30 p.m.**

Makerspace

Extracurricular activities offer a collaborative space where young people can access a variety of tools and materials to create and build projects. This environment fosters creativity, autonomy, and problem-solving skills, allowing students to work with LED lights, laser cutters, 3D printers, and many other resources. Maker education in these spaces develops practical and collaborative skills that complement traditional learning.

Goals:

- Designing 3D in TinkerCAD and 3D printing.
- Apply Virtual Reality / Augmented Reality.
- Programming with ARDUINO and Microbit (Prototypes, Sensors, Basic Electronics).
- Using drones: flight, calibration and flight programming.

Activity details

- **Schedule:** 1.5 hours/week
- **Duration:** From October to May
- **Edtech Classroom**
- **Registration fee:** €520 per year. Payment in two installments of €260 in November and February.
- **Students:** from Y5 to Y8.
- **Minimum:** 6 students
 - **Maximum:** 12 students

Student groups

- **Y5-Y6:** Thursdays from 5:15 p.m. to 6:45 p.m.
- **Y7-Y8:** Thursdays from 5:15 p.m. to 6:45 p.m.

Sevillanas and Flamenco

1. **Sevillanas classes:** we will teach the basic steps of Sevillanas. We will encourage the development of coordination and rhythm.
2. **Flamenco Classes:** Introduction to flamenco, covering handclapping, footwork, and arm movements. Development of body expression and emotional interpretation.
3. **Fun and Culture:** games and activities that make learning a fun and dynamic experience. Learning about the history and culture behind these dances, to understand and appreciate their origin and meaning.
4. **Holistic Development:** Improvement of coordination, balance, and posture. Fostering self-confidence and the ability to express oneself through movement.

Activity details

The groups are divided by courses and level, being beginner, intermediate or advanced. The teacher will assess the student's level to determine the group.

- **Students:** Students from PS to Y10 and adults.
- **Minimum:** 8 students.
- **Maximum:** 12 students.

Student groups

PK

1.5 hours/week.

Schedule: Mondays from 5:00-5:45 pm and Fridays from 1:15-2:00 pm.

- Registration fee: €300 (payable in two installments of €150 in November and February).

K

1 hour and 45 minutes/week

Schedule: Wednesdays from 5:00-5:45pm and Fridays from 2:15-3:00pm.

- Registration fee: €350 (payable in two installments of €175 in November and February).

Y1 and Y2

1.5 hours/week.

Schedule: Wednesdays from 2:15 p.m. to 3:00 p.m. and Thursdays from 5:00 p.m. to 5:45 p.m.

- Registration fee: €300 (payable in two installments of €150 in November and February).

Y3

1.5 hours/week.

Schedule: Wednesdays and Thursdays from 2:15 PM - 3:00 PM.

- Registration fee: €300 (payable in two installments of €150 in November and February).

Y4-Y6 (intermediate level)

1.5 hours/week.

Schedule: Mondays and Wednesdays from 13:15 to 14:00h.

- Registration fee: €300 (two installments of €150 in November and February).

Y6-Y7 (advanced level)

1.5 hours/week.

Schedule: Mondays from 2:00 PM - 2:30 PM and Thursdays from 1:15 PM - 2:15 PM.

- Registration fee: €300 (payable in two installments of €150 in November and February).

Y8-Y10 (intermediate level)

1.5 hours/week.

Schedule: Mondays from 2:30 pm to 3:00 pm and Tuesdays from 1:15 pm to 2:15 pm.

- Registration fee: €300 (payable in two installments of €150 in November and February).

Adult groups

Flamenco

Beginner-intermediate: Wednesdays from 4:00 to 5:00 pm.

- Advanced: Mondays from 4:00 to 5:00 p.m.
- Registration fee: €280 (payable in two installments of €140 in November and February).

Sevillanas

Adults: Thursdays from 4:00 to 5:00 p.m.

- Registration fee: €280 (payable in two installments of €140 in November and February).

Yoga

The practice of yoga among children indicates better benefits in concentration, stress relief, self-awareness, consciousness, self-regulation, behavioral maturity, and emotional well-being.

It focuses the mind and fine-tunes cognitive abilities, developing self-confidence. Led by Alexandra Leal, one of the few Vinyasa Krama yoga teachers in Spain certified in Chennai, India, and a direct student of Srivatsa Ramaswami (the longest-serving student, by 33 years, of the renowned modern father of yoga, Sri T. Krishnamacharya, to whom we owe the yoga practices used worldwide today), we will work within the classical Indian tradition.

They will learn series of postures in an intelligent way (Srsti Krama - step-by-step growth) and dynamically coordinated with breathing, breathing techniques, mantras, mandalas, and meditation.

Activity details

- **Minimum: 8 students.**
- **Maximum: 12 students.**
- **Materials: Students should bring sportswear and their own mat.**

Student groups

- **Schedule: 2 hours/week**
- **Duration: From October to May**
- **Registration: €420 per year.**

PS - PK

- **Schedule: Mondays and Wednesdays 13:00-14:00h.**

PK-K:

- **Schedule: Tuesdays and Thursdays from 13:00 to 14:00h.**

Y1-Y5, we offer two groups:

Option A: Tuesdays and Thursdays from 2:00 PM to 3:00 PM.

- **Option B: Tuesdays and Fridays from 2:00 PM to 3:00 PM.**

Y6- Y10

- **Schedule: Mondays and Wednesdays, 2:00 PM to 3:00 PM.**

Adult groups

- **Schedule: 2 hours/week**
- **Duration: From October to May**
- **Registration fee: €490 per year (payable in two installments of €245 in November and February)**
- **Yoga and Mindfulness for Adults**
- **Time:**
 - **Mondays and Wednesdays 9:00 to 10:00 a.m.**
 - **Mondays and Wednesdays from 4:00 PM to 5:00 PM.**



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